



**Urogynecology Committee Pre-Congress Workshop**  
**Monday, 12 October 2026 | Sydney, Australia**  
**Workshop Time: 0800 – 1215 (Registration from 0730 - 0800)**  
**Theme: Revisiting the Basics of Urogynecology**

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## **LEARNING OBJECTIVES**

Participants will:

- Review the anatomy of the pelvis, pelvic floor, and lower urinary tract.
  - Understand the basic surgical principles of prolapse surgery.
  - Understand the indications for and techniques of vaginal prolapse surgery.
  - Understand the indications for and techniques of endoscopic assessment of the lower urinary tract.
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## **ABSTRACT**

This pre-congress workshop revisits the fundamental principles underpinning modern urogynaecology practice. Through focused lectures and structured hands-on training, participants will consolidate their understanding of pelvic anatomy, prolapse surgery, and lower urinary tract assessment.

The program integrates didactic sessions with practical surgical demonstrations across three rotating skills stations, providing participants with direct exposure to core vaginal procedures and basic cystourethroscopy techniques.

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## **WHO SHOULD ATTEND?**

Obstetricians & Gynaecologists, Urogynaecologists, Fellows, Residents and Trainees seeking to strengthen their foundational knowledge and surgical skills in pelvic organ prolapse and lower urinary tract evaluation.

This workshop is particularly suited for clinicians wishing to refine their understanding of core vaginal surgical techniques and endoscopic assessment in a structured, faculty-

led environment.

## UROGYNECOLOGY WORKSHOP PROGRAM

as of 18 Aug 2026

| Time       | Program                                                                                                                        | Speaker                               |
|------------|--------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|
| 0800–0810  | Welcome Remarks and Introduction                                                                                               | Dr Lisa Prodigalidad (Chair)          |
| 0810–0820  | Overview of the Course                                                                                                         | Dr Lisa Prodigalidad (Philippines)    |
| 0820–0840  | Surgical Anatomy of the Female Pelvis and Vagina (Lecture)                                                                     | Dr. Joanne Aguinaldo (Philippines)    |
| 0840–0900  | Goals of Surgery in Pelvic Organ Prolapse (Lecture)                                                                            | Dr. Fernandi Moegni (Indonesia)       |
| 0900–0920  | Vaginal Surgery for Prolapse: Vaginal Hysterectomy (Lecture)                                                                   | Dr Lisa Prodigalidad (Philippines)    |
| 0920–0940  | Vaginal Surgery for Prolapse: Colpocleisis (Lecture)                                                                           | Dr Jennifer King (Australia)          |
| 0940–1000  | Endoscopic Assessment of the Lower Urinary Tract: Why? When? How? (Lecture)                                                    | Dr Suvit Bunyavechjevin (Thailand)    |
| 1000– 1015 | Q&A                                                                                                                            |                                       |
| 1015–1030  | Overview of Hands-on Workshop (3 stations; 30 minutes per station)                                                             | Dr Suvit Bunyavechjevin (Thailand)    |
| 1030–1100  | <b>First Rotation:</b><br>Station 1 – Vaginal Hysterectomy<br>Station 2 – Colpocleisis<br>Station 3 – Basic Cystourethroscopy  | AOFOG Urogynecology Committee Faculty |
| 1100–1130  | <b>Second Rotation:</b><br>Station 1 – Vaginal Hysterectomy<br>Station 2 – Colpocleisis<br>Station 3 – Basic Cystourethroscopy | AOFOG Urogynecology Committee Faculty |
| 1130–1200  | <b>Third Rotation:</b><br>Station 1 – Vaginal Hysterectomy<br>Station 2 – Colpocleisis<br>Station 3 – Basic Cystourethroscopy  | AOFOG Urogynecology Committee Faculty |
| 1200–1215  | Closing Remarks                                                                                                                | Faculty                               |

### Format:

- Didactic lectures (20 minutes each)
- Hands-on practical workshop (3 rotating stations, 30 minutes per station)

**Speakers and program are proposals and subject to change**