



Equivolution:
Equity and Sustainability
in Women's Health
12-15 October | Sydney | Australia

Urogynecology Committee Pre-Congress Workshop
Monday, 12 October 2026 | Sydney, Australia
Workshop Time: 0800 – 1215 (Registration from 0730 - 0800)
Theme: Revisiting the Basics of Urogynecology

LEARNING OBJECTIVES

Participants will:

- Review the anatomy of the pelvis, pelvic floor, and lower urinary tract.
- Understand the basic surgical principles of prolapse surgery.
- Understand the indications for and techniques of vaginal prolapse surgery.
- Understand the indications for and techniques of endoscopic assessment of the lower urinary tract.

ABSTRACT

This pre-congress workshop revisits the fundamental principles underpinning modern urogynaecology practice. Through focused lectures and structured hands-on training, participants will consolidate their understanding of pelvic anatomy, prolapse surgery, and lower urinary tract assessment.

The program integrates didactic sessions with practical surgical demonstrations across three rotating skills stations, providing participants with direct exposure to core vaginal procedures and basic cystourethroscopy techniques.

WHO SHOULD ATTEND?

Obstetricians & Gynaecologists, Urogynaecologists, Fellows, Residents and Trainees seeking to strengthen their foundational knowledge and surgical skills in pelvic organ prolapse and lower urinary tract evaluation.

This workshop is particularly suited for clinicians wishing to refine their understanding of core vaginal surgical techniques and endoscopic assessment in a structured, faculty-

led environment.

UROGYNECOLOGY WORKSHOP PROGRAM

as at 5 March 2026

Time	Program	Speaker
0800–0810	Welcome Remarks and Introduction	Dr Lisa Prodigalidad (Chair)
0810–0820	Overview of the Course	Dr Lisa Prodigalidad (Philippines)
0820–0840	Surgical Anatomy of the Female Pelvis and Vagina (Lecture)	Dr Jennifer King (Australia)
0840–0900	Goals of Surgery in Pelvic Organ Prolapse (Lecture)	Dr Suvit Bunyavechjevin (Thailand)
0900–0920	Vaginal Surgery for Prolapse: Vaginal Hysterectomy (Lecture)	Dr Lisa Prodigalidad (Philippines)
0920–0940	Vaginal Surgery for Prolapse: Colpocleisis (Lecture)	Dr TS Lo (Taiwan)
0940–1000	Endoscopic Assessment of the Lower Urinary Tract: Why? When? How? (Lecture)	Dr Chris Chong (Singapore)
1000–1015	Q&A	
1015–1030	Overview of Hands-on Workshop (3 stations; 30 minutes per station)	Dr Suvit Bunyavechjevin (Thailand)
1030–1100	First Rotation: Station 1 – Vaginal Hysterectomy Station 2 – Colpocleisis Station 3 – Basic Cystourethroscopy	AOFOG Urogynecology Committee Faculty
1100–1130	Second Rotation: Station 1 – Vaginal Hysterectomy Station 2 – Colpocleisis Station 3 – Basic Cystourethroscopy	AOFOG Urogynecology Committee Faculty
1130–1200	Third Rotation: Station 1 – Vaginal Hysterectomy Station 2 – Colpocleisis Station 3 – Basic Cystourethroscopy	AOFOG Urogynecology Committee Faculty
1200–1215	Closing Remarks	Faculty

Format:

- Didactic lectures (20 minutes each)
- Hands-on practical workshop (3 rotating stations, 30 minutes per station)

Speakers and program are proposals and subject to change